

# God's Will for Me

July 30



Some of us have never heard discussions about what God's Will is for us and so we wander alone and blind.

Others among us, walking our path in recovery, come to believe a power greater than ourselves can restore us to sanity. As we accept new beliefs and move away from black-or-white thinking, hope opens a door to a new knowing, a conviction grounded in the spiritual realm. Recovery looks to a willingness to suspend our thinking and asks that we trust that as we keep doing the next right thing, somehow the *next* right thing will follow. And it does.

This process of hope is the expression of God's Will for us. We believe our Higher Power wants us to be gentle and kind to ourselves and to others. Recovery literature assures us our Higher Power wants us to be happy, joyous, and free. How can we test this? Our actions before recovery proved that our way of thinking and doing didn't work. We were hopeless, without a connection to anything other than our misery. No matter what we did, we couldn't stop nor could we change our addictive behaviors. Misery and defeat were the only things we had faith in.

As we rest, now, on our relationship with our Higher Power, miracles become our reality. Recovery offers an easier, softer way of life, if we do the work.

Our literature tells us we can no longer sit and do nothing waiting for life to come to us. We must take control of what needs to be done. We help others, trust God, and keep our side of the street clean. As the next right thing reveals itself, we come to rely upon this as God's Will for us. We do the work and let go of the results of our efforts as outcomes belong to our Higher Power.

## TODAY'S MEDITATION

We're reminded that while we may not always get what we want, we always get what we need.



*"Decisions become easier when your will to please God outweighs your will to please the world."—Bella Montreal*

